

Physician Weekly

Jordan Valley Medical Center
Pioneer Valley Hospital

June 18, 2010
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Clinically Approved Lifestyle Changes to Lower Blood Pressure

| Intervention | Reduction in SBP(mm Hg) |
|--------------|-------------------------|
| ↑ Magnesium | 0-1 |
| ↑ Calcium | 2 |
| ↑ Potassium | 4 |
| ↓ Alcohol | 4 |
| ↑ Fish Oil | 6 |
| ↓ Sodium | 6 |
| ↓ Weight | 8 |
| ↑ Exercise | 10 |
| DASH Diet | 12 |

Lifestyle Changes and Systolic Blood Pressure (SBP) Meta-analysis Clinical Diet Trials.

Prepared by: **Ammar Jesri, MD**
ASH- Hypertension Specialist.

New Medical Staff Category

AFFILIATE STAFF

We are excited to announce a new staff category, Affiliate Staff, available at Jordan Valley Medical Center and Pioneer Valley Hospital. The Affiliate Staff Category allows doctors to be members of the Medical Staff without privileges. Affiliate Staff members may have access to their patient information through the Physician Portal system on the Internet. Please see below for the other qualifications and prerogatives. If you need a copy of the Medical Staff Bylaws for reference, please contact us and we will be happy to e-mail you a copy.

If you are interested in applying for this staff category at the time of your renewal, please let the Medical Staff Office know. For additional information, contact Laura Jeppson at JVMC at 801-562-4223, or Wendy Dupaix at PVH at 801-964-3166.

Qualifications: The Affiliate Staff shall consist of practitioners each of whom:

- Meets the basic qualifications set forth in the Medical Staff Bylaws, Section 3.2. (See the MS Bylaws.)
- Maintains a clinical practice in the hospital service area
- Refers patients to the Hospital

Prerogatives: The prerogatives of an Affiliate Staff member shall be:

- Refer patients to the Hospital, and follow their progress through Physician Portal
- Attend general staff and department meetings, but cannot vote on matters presented at such meetings.
- Participate in education programs

New Applicants to the JVMC/PVH Staff

The following are practitioners who have applied to the JVMC / PVH Medical or AHP Staff. Please review, and if you have any questions or comments, please contact the Medical Staff Office at 562-4223. All info received will be held in strict confidence.

- **Brock Bemis, MD**, Emergency Medicine Resident to moonlight for EPIC
- **Hussam Bitar, MD**, General Surgeon for PVH
- **Adam Bowman, MD**, Emergency Medicine Resident to moonlight for EPIC
- **Sandeep Chowdhary, MD**, Pulmonary Medicine
- **John Hayes, MD**, Radiation Oncology from Gamma West at SLRMC
- **Michael Hinckley, MD**, Dermatology for Granger Medical Clinic
- **Justin Johnsen, MD**, Ophthalmology, to join Dr. Brian Davis
- **R. Brian Mackey, MD**, Hand Surgeon to join CORE at JVMC
- **Rebecca Moore, MD**, Nephrology to join Nephrology Associates
- **Mark Reichman, MD**, Neurological Surgery
- **Mark Reilly, MD**, Radiation Oncology from Gamma West at SLRMC
- **Charles Rich, MD**, Neurological Surgery
- **C. Leland Rogers, MD**, Radiation Oncology from Gamma West at SLRMC
- **Michael Sanderson, MD**, Family Practice at Granger Medical Clinic
- **Maria Schwartz, MD**, Physical Medicine & Rehabilitation
- **Steven Simper, MD**, Thoracic & General Surgery
- **Shane Young, MD**, Family Practice for Exodus Healthcare
- **Margaret Yu, MD**, Oncology for Utah Cancer Specialists

- **Michael King, PA-C**, Phys Asst in the ER for EPIC
- **Kevin Macfarlane, PA-C**, Phys Asst for Exodus Healthcare
- **Alisa Thompson, APRN**, Nurse Pract for Dr. Forsha's South Valley Dermatology office

April HCAHPS Scores

These reports show that we have gone down in almost every area. It is up to each of us to raise these scores. Let's all step up and show what our great teams can accomplish.

| JVMC / PVH - Monthly Report | | | | | | | |
|--|---|--------|---------|--------|-----------|------------|-------|
| Combined - April 2010 vs March 2010 HCAHPS | | | | | | | |
| | HCAHPS Scores | 10-Apr | Mar, 10 | Change | Nat. Mean | State Mean | YTD |
| HCAHPS Metrics | Rate hospital 0-10 | 54% | 63% | -8% | 65% | 62% | 62.07 |
| | Recommend this hospital | 67% | 60% | 8% | 69% | 67% | 63.53 |
| | Communication with Nurses | 65% | 74% | -9% | 75% | 71% | 69.18 |
| | Nurses treat with courtesy/respect | 77% | 86% | -10% | 82% | 79% | |
| | Nurses listen carefully to you | 70% | 67% | 3% | 71% | 66% | |
| | Nurses explain in a way you understand | 60% | 80% | -20% | 71% | 67% | |
| | Response of Hospital Staff | 53% | 61% | -8% | 61% | 59% | 56.43 |
| | Call button help soon as wanted it | 57% | 48% | 9% | 60% | 58% | |
| | Help toileting soon as you wanted | 58% | 48% | 10% | 63% | 59% | |
| | Communication with Doctors | 79% | 84% | -5% | 79% | 74% | 78.27 |
| | Doctors treat with courtesy/respect | 83% | 90% | -7% | 86% | 82% | |
| | Doctors listen carefully to you | 78% | 78% | 0% | 78% | 72% | |
| | Doctors explain in a way you understand | 79% | 86% | -7% | 74% | 68% | |
| | Hospital Environment | 55% | 72% | -17% | 62% | 60% | 62.36 |
| | Room and bathroom kept clean | 60% | 83% | -22% | 70% | 68% | |
| | Area around room quiet at night | 50% | 62% | -12% | 55% | 52% | |
| | Communication Re: Medication | 47% | 52% | -5% | 59% | 58% | 48.31 |
| | Tell you what new medicine was for | 64% | 71% | -6% | 72% | 71% | |
| | Staff describe medicine side effect | 37% | 41% | -4% | 46% | 44% | |